

## **Helen Merrigan Colfer - Artist's Process**

Helen Merrigan Colfer is an award winning Irish Artist living along the southeastern Wexford coastline on the tip of the Hook Head Peninsula. Her studio is located almost within the shadow of the Hook Head Light House, one of the oldest working light houses in Europe.

Her work is predominantly sculpture, preferring the slow almost meditative pace which allows the work to evolve organically from its initial concept to final completion. She allows herself to be open to changes influenced by fluctuating mood & atmosphere as this is all part of the natural process, to ebb & flow, embrace change & grow.

Her sculptures are detailed, precise & elegant, attempting to unify nature & humanity. They encompass an extensive combination of media & engage a wide range of skill sets & traditional techniques.

Helen's resin sculptures are hand built one off pieces that are individually hand modeled over steel armatures using a slow precise building process engaging both additive & reductive techniques. Once a piece is in its final stage a range of decorative media such as handmade oil paints, enamels & 23 carat gold leaf is applied to the surface for embellishment before being sealed & embedded into its polished granite base.

A select range of Helen's sculptures are available in bronze, usually in limited editions of 6, 9 or 15 which are cast in an Irish foundry using the lost wax technique. Each bronze piece is hand finished & further embellished personally by the artist herself using a range of enamels & finishes so that within each limited edition every individual piece is in itself also unique.